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D.2.3.3

Training course material



CYROS

Implementation, in the Programme area, of the EUSAIR flagship and crosspillar project idea Adriatic Ionian CYcle ROute for Sustainable tourism

WP2	Developing a sustainable mobility and tourism linked to the ADRIATIC-IONIAN Cycle Route
Activity 2.3	2.3: Events organization and knowledge
Deliverable 2.3.3	Training course material
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2. Document Overview: Training Material D.2.3.3

This document represents Deliverable D.2.3.3 of the CYROS project and serves as a conceptual and strategic framework to support the coordinated development of joint training activities on sustainable mobility and tourism along the Adriatic-Ionian cycle route.

As one of the first outputs in the project timeline, this deliverable has been designed as a **foundational tool** to guide all future training efforts outlining a **shared conceptual map** and methodological guidelines that will inform the planning and implementation of capacity-building actions across partner regions.

In particular, this deliverable constitutes the **preparatory phase for Deliverable D.2.2.1 – “Training material on sustainable mobility and tourism linked to the Adriatic-Ionian cycle route”**, which will be developed at a later stage. The content and structure defined in D.2.3.3 will directly support the **designing and planning of joint training schemes** foreseen under Work Package 2.

The deliverable:

- Defines key themes, training objectives, and target groups;
- Proposes a harmonized structure for future training schemes;
- Presents initial content outlines based on early partner contributions;
- Launches a collaborative process among partners for the co-design of training modules.

By setting this common baseline, Deliverable D.2.3.3 aims to foster consistency, complementarity, and transnational added value in the delivery of training activities, fully aligned with the goals of the CYROS project and the EUSAIR ADRIONCYCLETOUR flagship initiative.



3. Introduction

Sustainable mobility is a key driver for regional development, environmental protection, and improved urban liveability. In this context, the **Joint Training Schemes on Sustainable Mobility and Cycle Routes Data Collection** aims to equip stakeholders with the necessary knowledge and skills to effectively plan, implement, and manage cycling mobility strategies.

Designed to suit the specific needs of operators and institutions working in sustainable mobility and tourism, these joint training schemes address the growing need for innovation and higher standards in public administration and sector-specific expertise. The training aims to foster sustainable mobility and promote a smarter, more strategic, and responsible management approach in the cross-border area. To achieve this, it includes targeted actions to strengthen the capacity of institutions and operators. The primary audience for this initiative includes public sector employees working in mobility offices and professionals engaged in sustainable mobility and sustainable tourism management.

The activities related to designing and planning joint training schemes, as expected in the project output n. 2.1, will involve participants of both countries (Italy and Croatia) and will be developed and implemented with reference to:

- a) sustainable mobility, addressing at least three thematic modules over several sessions;
- b) cycle route data collection, focusing on the definition on common data collection methodologies and tools through a series of online webinars;
- c) sustainable tourism, focusing on all-year-round tourism based on sustainable mobility through a number of on-site sessions.

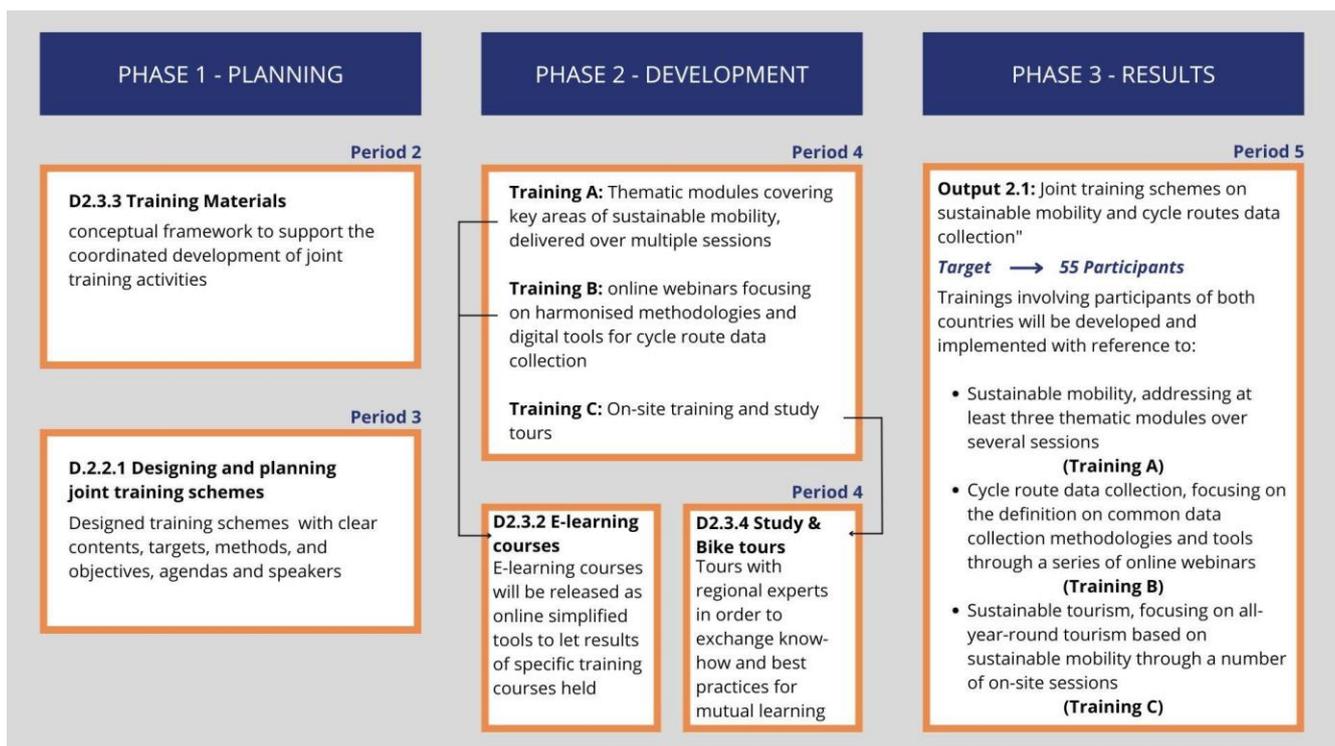
A design will be developed for each one of the above topics. This document contains the design of the joint training scheme about sustainable mobility, addressing at three thematic modules that are described in the following chapters.



4. Logical Structure of Training Activities

Within the CYROS project, training activities play a central role in delivering **Output 2.1**, which foresees the **development and implementation of three joint training schemes** (Trainings A, B, and C) tailored to the needs of operators and institutions involved in sustainable mobility and tourism. These trainings aim to involve **at least 55 participants** from both Italy and Croatia and are structured across three interlinked phases: **Planning, Development, and Results**.

This logical structure ensures that the training content is both relevant and practical, based on territorial needs, and that it contributes directly to project objectives under **Work Package 2 – Activity 2.2**, coordinated by LP – Friuli Venezia Giulia Region (FVG).



The image illustrates the structured process for the implementation of joint training schemes on sustainable mobility and cycle route data collection, as foreseen within the CYROS project. This



process is divided into three main phases: Planning, Development, and Results, each corresponding to specific implementation periods and activities.

During the first phase, which takes place over Periods 2 and 3, the **foundation for the training activities** is established. In Period 2, the project focuses on the preparation of training materials (Deliverable D2.3.3), aiming to **define a conceptual framework** that will guide the coordinated development of joint training activities. In the subsequent period, the actual design and planning of the training schemes are carried out (Deliverable D.2.2.1). These schemes include a clear definition of objectives, target audiences, methodologies, agendas, and selected speakers, ensuring a coherent and targeted approach to training delivery.

The second phase, corresponding to Period 4, is dedicated to **the development of training content and the implementation of various training formats**. This includes three types of training activities: Training A, composed of thematic modules covering different aspects of sustainable mobility delivered through multiple sessions; Training B, which consists of online webinars focusing on harmonised methodologies and digital tools for collecting data on cycle routes; and Training C, which provides on-site training sessions and study tours, encouraging practical learning and knowledge exchange. Additionally, two specific deliverables are foreseen in this phase. Deliverable D2.3.2 involves the creation of e-learning courses, which will make the results of specific training activities accessible through simplified online tools. Deliverable D2.3.4, on the other hand, foresees the organisation of study and bike tours with regional experts to facilitate mutual learning and the exchange of best practices in the field of sustainable mobility.

The third and final phase, taking place in Period 5, focuses on **the achievement of the training-related results**. This is represented by Output 2.1, which targets the participation of at least 55 individuals in the joint training schemes developed throughout the previous phases. These training activities, involving stakeholders from both Italy and Croatia, will contribute to enhancing knowledge and operational capacity in the areas of sustainable mobility and tourism. In particular, the output will include the delivery of thematic modules on sustainable mobility (as per Training A), webinars on data collection tools and standards (Training B), and on-site sessions focusing on sustainable tourism across different seasons (Training C). In particular:



Training A – Sustainable Mobility

- **Design Partner:** LP – Friuli Venezia Giulia Region (FVG)
- **Structure:** Thematic modules covering key areas of sustainable mobility, delivered over multiple sessions.
- **Purpose:** To provide technical and policy knowledge on sustainable mobility practices, especially those linked to the Adriatic-Ionian Cycle Route.
- **Follow-up Deliverables:**
 - **D.2.3.2** – E-learning courses for broader dissemination.

Training B – Cycle Route Data Collection

- **Design Partner:** ITL Foundation (PP5)
- **Structure:** A series of online webinars focusing on harmonised methodologies and digital tools for cycle route data collection across the programme area.
- **Purpose:** To define common approaches for data collection supporting future integration and interoperability.
- **Follow-up Deliverables:**
 - **D.2.3.2** – Online e-learning courses derived from webinar content and made accessible to a wider audience.

Training C – Sustainable Tourism

- **Design Partner:** Region of Istria (PP8)
- **Structure:** On-site training and study tours along the Adriatic-Ionian Cycle Route with local and regional experts.
- **Purpose:** To foster year-round sustainable tourism, promote local knowledge exchange, and share best practices in cross-border cooperation.
- **Follow-up Deliverables:**
 - **D.2.3.4** – Reports and reflections from study tours aimed at promoting mutual learning among stakeholders.

This comprehensive approach ensures the dissemination of knowledge, the practical application of methodologies, and the strengthening of cross-border cooperation in the context of sustainable transport and tourism development.



5. Training A. Joint training on sustainable mobility

Coordinated by: LP – FVG region

The joint training on sustainable mobility aims to systematize international cross-border experiences and, at the same time, to go into detail of the issues at a local level, providing sector operators with the technical and operational knowledge useful for promoting the development of sustainable mobility and tourism, with a particular focus on the Adriatic-Ionian cycle route.

The objective of the training course is to provide participants with planning and promotional tools and informations aimed at increasing:

- the quality of cycling mobility infrastructures;
- the interaction with public transport networks;
- the use of bicycles as alternative to private motor vehicles;
- the effectiveness of tourism and territorial promotion.

The training program is structured into **three thematic modules**, designed to provide a comprehensive understanding of cycling mobility from a European regulatory framework to national implementation and local best practices. These modules not only offer a solid theoretical foundation but also provide practical insights and case studies to facilitate real-world application:

1. General Framework (Module 1)

Developed jointly by Italian and Croatian partners, this module provides a **common foundation** on European and national policies related to cycling mobility. It covers key regulations, including the **European Cycling Declaration**, European directives concerning cycling mobility, **urban mobility planning** with a focus on the **Sustainable Urban Mobility Plan (SUMP)** framework. Additionally, it explores the **European Green Public Procurement (GPP) regulation** and **Do No Significant Harm (DNSH) principles** applied to cycling infrastructure.

2. Promotion of Cycle Tourism (Module 2)

While maintaining a **common reference framework**, this module is implemented separately in Italy and Croatia to reflect local backgrounds. This decision allows for a more



in-depth exploration of the specific characteristics, needs, and regulatory frameworks of each country. The module focuses on the **EuroVelo network, particularly EuroVelo 8 and the Adriancycleroute**, national and regional cycling networks, and **infrastructure standards for tourist cycle routes**. It also examines **quality criteria and certification processes** for cycle paths, ensuring alignment with European best practices.

3. **Planning and Development of Cycling Mobility (Module 3)**

This module also follows a **dual implementation approach** to account for country-specific regulatory frameworks and planning instruments. By structuring the training separately for Italian and Croatian participants, it allows for **greater specificity in addressing national legislation and planning needs**. Topics include **regional and municipal cycling mobility plans**, and the integration of cycling infrastructure into broader urban planning strategies. Additionally, it explores technical aspects such as **urban space redevelopment for cycling mobility** and the **application of GPP and Minimum Environmental Criteria (MEC/CAM)** in the sector.

Through this structured training approach, the project fosters **cross-border cooperation while respecting national particularities**, ensuring that institutions and professionals can **implement tailored, high-quality, and innovative solutions** in their respective contexts. By promoting **a shared knowledge base alongside specialized national insights**, the scheme contributes to the development of a **more sustainable, efficient, and well-integrated cycling mobility system** in Italy and Croatia.

4.1 Joint training participants and e-learning courses

The training course and the level of depth are intended for an audience of technicians operating in the sector, both within Public Administrations and professionals. During the CYROS project, the first edition of the joint training on sustainable mobility will be scheduled, which will be mainly addressed to technicians employed in the Public Administrations.

The training material developed within the project will remain available to the project partners for the organization of further editions of the course, to be offered to local professionals as well as to other public officials who were unable to attend the first session. For this purpose, the recordings

of some interventions of the first training module will be available to the project partners, also contributing to the production of e-learning courses foreseen in the Activity D.2.3.2 and released as online simplified tools to:

- let results of specific training courses reaching also the wider general public involved in sustainable mobility and tourism;
- facilitate the repetition of transnational and European level interventions in subsequent editions of the joint training on sustainable mobility.

4.2 Attendance and quality evaluation

Participants who have attended at least 75% of the lessons will receive a certificate of participation. Slides and other training materials will be published on the CYROS project website. At the end of the course, participants will fill out a satisfaction survey. The survey, which can be filled out anonymously, will allow to improve subsequent editions of the training course. Moreover, a multiple-choice test will be provided to evaluate the level of learning and knowledge acquired by the participants.

4.3 General structure of the training modules

MODULE 1	
General Framework	
(common module in IT/HR with translation and recording of lessons for the creation of e-learning modules)	
The European framework on cycling mobility	30 min.
National regulatory framework (ITA)	30 min.
National regulatory framework (HR)	30 min.
<i>break</i>	30 min.
Sustainable and cycling mobility planning / SUMP	30 min.
European GPP regulation and DNSH principles with focus on cycle paths	30 min.
total duration:	3 hours



MODULE 2	
Promotion of Cycle Tourism	
(common reference teaching material and in-person implementation at local level)	
Cycling networks and Adriancycleroute	30 min.
Construction standards: infrastructures for cycling mobility with a focus on tourist cycle paths	100 min.
<i>break</i>	20 min.
Quality criteria for cycle paths, services and related equipment	75 min.
Debate	15 min.
total duration:	4 hours

MODULE 3	
Planning and Development of Cycling Mobility	
(common reference teaching material and in-person implementation at local level)	
Regional implementation of the legislation on cycling mobility	75 min.
Construction standards: solutions for the redevelopment of urban spaces in relation to cycling mobility	40 min.
<i>break</i>	20 min.
Construction standards: national application of GPP in the cycle path sector	90 min.
Debate	15 min.
total duration:	4 hours

The lessons will be taught by teachers, technicians and professionals who are experts in the sector, who will develop their slides using the graphic templates published in the Annex A and the contents listed below.

4.4 Training course materials

The following table shows the details of the contents that represent the reference for the training course materials.

MODULE 1 General Framework
<p>The European framework on cycling mobility</p> <ul style="list-style-type: none"> ● European Cycling Declaration principles and commitments: <ul style="list-style-type: none"> – developing and strengthening cycling policies – encouraging inclusive, affordable and healthy mobility – creating more and better cycling infrastructure – increasing investments and creating favourable conditions for cycling – improving road safety and security – supporting high quality jobs and the development of a world-class European cycling industry – supporting multimodality and cycling tourism – improving the collection of data on cycling ● European directives concerning cycling mobility: <ul style="list-style-type: none"> – EPBD Directive and standard for bike parking on buildings – other directives about cycling mobility
<p>National regulatory framework (ITA)</p> <ul style="list-style-type: none"> ● List and brief mention of the regulations in force on the subject of: <ul style="list-style-type: none"> – cycle tourism and tourist cycle routes – urban mobility and road safety – technical features – cycling mobility plans – bike-to-work travel plans ● Short presentation of best practices
<p>National regulatory framework (HR)</p> <ul style="list-style-type: none"> ● List and brief mention of the regulations in force on the subject of: <ul style="list-style-type: none"> – cycle tourism and tourist cycle routes – urban mobility and road safety – technical features – cycling mobility plans – bike-to-work travel plans ● Short presentation of best practices
<p>Sustainable and cycling mobility planning / SUMP</p> <ul style="list-style-type: none"> ● Overview of Sustainable urban mobility plan (SUMP) and its contents with focus on issues related to cycling mobility: <ul style="list-style-type: none"> – objectives, benefits and main elements



- analysis, planning framework and scenarios
- adoption, implementation and monitoring
- SUMP guidelines
- the cycling mobility within the SUMP

European GPP regulation and DNSH principles with focus on cycle paths

- Green Public Procurement:
 - European GPP regulatory framework
 - note on application differences in various countries
- Do Not Significant Harm:
 - description of DNSH principles
 - technical analysis of the methods of verifying the application of DNSH in the cycling mobility field

MODULE 2 - ITALIAN CONTENTS

Promotion of Cycle Tourism

Cycling networks and Adriocycleroute

- General part:
 - EuroVelo cycle network with focus on EuroVelo 8 route
 - Adriocycleroute, main route and connections to the hinterland
- Local part:
 - mention of national and regional cycle networks
 - details of Adriocycleroute itineraries
- Examples, case studies and best practices

Construction standards: infrastructures for cycling mobility with a focus on tourist cycle paths

- Road/Traffic law and Implementing Regulation:
 - rules on road classification and construction
 - features of cycle paths
 - bicycle use and behavior
 - signage
- Law n. 2/2018:
 - definitions and cycle paths classification
 - cycling mobility planning and national cycling mobility plan (PGMC) with focus on Annex B
- DM n. 557/1999:
 - technical features of infrastructures for cycling mobility



- Annex 4 of DM n. 517/2018:
 - planning requirements and technical design standards for the construction of the National system of tourist cycle routes
- Other significant regulations
- Best practices

Quality criteria for cycle paths, services and related equipment

- EuroVelo long-distance cycle routes quality criteria
 - infrastructure
 - services
 - marketing and promotion
 - note on the certification process
- Best practices

MODULE 2 – CROATIAN CONTENTS
Promotion of Cycle Tourism

Cycling networks and Adriocycleroute

- General part:
 - EuroVelo cycle network with focus on EuroVelo 8 route
 - Adriocycleroute, main route and connections to the hinterland
- Local part:
 - mention of national and regional cycle networks
 - details of Adriocycleroute itineraries
 - marking the trail
 - all year round potential
- Examples, case studies and best practices

Construction standards: infrastructures for cycling mobility with a focus on tourist cycle paths

- Road/Traffic law and cycling infrastructure regulation
- Security
- Urban planning solutions
- Other significant regulations
- Best practices

Quality criteria for cycle paths, services and related equipment

- EuroVelo long-distance cycle routes quality criteria
 - infrastructure
 - services



- marketing and promotion
- note on the certification process
- Best practices

MODULE 3 – ITALIAN CONTENTS

Planning and Development of Cycling Mobility

Regional implementation of the legislation on cycling mobility

- Regional regulations and guidelines on cycling mobility
- Description of the regional cycling mobility plan (if present) or similar tools
- Municipal cycling mobility plans:
 - regulations and contents
 - in-depth analysis of the principles and substantial elements of the Municipal cycling mobility plans
 - relationship between the different planning levels and sectors (PRGC, PPR, PGRA, VAS, VINCA, etc.) and related procedures
- Signage for cycle routes

Construction standards: solutions for the redevelopment of urban spaces in relation to cycling mobility

- Indications by the road and traffic laws
- Opportunities and benefits
- Case studies and best practices

Construction standards: national application of GPP in the cycle path sector

- National application of GPP in the cycle path sector:
 - Minimum Environmental Criteria (MEC/CAM)
 - MEC/CAM for roads: in-depth analysis of technical parameters and products

MODULE 3 – CROATIAN CONTENTS

Planning and Development of Cycling Mobility

Regional implementation of the legislation on cycling mobility

- Regional regulations and guidelines on cycling mobility
- Operational plan for the development of cycling tourism in istria counties for the period from 2019 to 2025
- Newly established Coordination Body for the Development of Bicycle Traffic at the County Level

Construction standards: solutions for the redevelopment of urban spaces in relation to cycling mobility





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- Indications by the road and traffic laws
- Opportunities and benefits
- Case studies and best practices

Construction standards: national application of GPP in the cycle path sector

- National application of GPP in the cycle path sector:
 - Best practices



6. Training B. Cycle route data collection and bike flows monitoring

Coordinated by: PP5 – ITL Foundation

The **Training B module** of the CYROS project is dedicated to one of the most crucial aspects of sustainable and smart mobility planning: the **collection, management and integration of cycling-related data**. Coordinated by ITL Foundation (PP5), this training aims to enhance the technical and institutional capacities of stakeholders across Italy and Croatia in the field of **cycle route data collection** and **bike flow monitoring**.

Organised as a **common module between Italian and Croatian partners**, this training combines **live sessions with simultaneous translation** and the production of **recorded materials** that will later be transformed into **e-learning content** (as foreseen in Deliverable D.2.3.2), thereby ensuring accessibility and long-term knowledge transfer.

The 3-hour training is structured in two main thematic blocks:

Module 2	Topics	Common module in IT /HR with translation and recording of lessons for the creation of e-learning modules	Duration (min.)
1. Cycle route data collection	Tourist data for cyclists	EU and national standards for touristic data collection and sharing. The role of open-source data.	30
	Public transport data for cyclists.	EU standards on public transport data sharing (Netex, GTFS, etc.)	30
	Data integration. Presentation of the Cyros WebGis	How to use the Cyros WebGis for the exchange of touristic and mobility data? Discussion and practical test.	30
Break			
2. Bike flows monitoring	Bike flows monitoring technologies	Review of the main monitoring technologies. Strengths and weaknesses.	30
	Data collection methodologies	EU and national standards of bike flow monitoring	30
	Data integration at regional level. Emilia-Romagna Region and Cyros experiences.	Presentation of different experiences related to bike flows data integration. Discussion and practical test.	30
			3 hours



7. Training C. Sustainable Tourism

Coordinated by: PP8 – Istria region

As part of Training Scheme C (joint training involving participants from both countries), this module will focus on the development of **sustainable tourism**, with a particular emphasis on promoting **year-round tourism** based on **sustainable mobility** principles.

The module will consist of a series of on-site activities, such as study visits, bike tours, and field workshops along the Adriatic-Ionian Cycle Route. The core aim is to foster knowledge exchange and best practice transfer among local and regional stakeholders, particularly from the sectors of urban and regional planning, mobility management, and tourism development.

Through mutual learning and collaboration, this module will seek to:

1. Identify and promote key principles of sustainable mobility,
2. Explore how these principles can be adapted to local contexts,
3. Encourage the development of responsible, cross-border tourism offers along cycling routes,
4. Support smarter, more strategic tourism governance at both institutional and operator levels.

The following sections outline the structure for planned activities, including:

1. Objectives of the on-site sessions,
2. Target groups
3. Methodology and tools used during implementation,
4. Timeline, and
5. Examples of best practices to inspire replication in other regional contexts.

This activity contributes to the overall goal of enhancing innovation and quality in the cross-border area's tourism and mobility systems. Under the coordination of LP1, all partners contribute to the joint design and implementation of training schemes, with PP8 responsible for this specific module on sustainable tourism.





7.1. Planning framework for study visits

To support the planning and documentation of each on-site session, the following elements should be defined:

1. Route and location(s):
 - description of the area or itinerary to be visited (e.g., coastal towns, nature parks, heritage sites along the cycle route).
2. Target participants:
 - indication of the key stakeholder groups (e.g., municipal representatives, mobility managers, tourism boards, SMEs in the tourism sector).
3. Objective of the visit:
 - clarification of what the visit aims to demonstrate or achieve (e.g., showcasing integration of bike routes in tourism offers, example of sustainable tourism services, stakeholder cooperation, multimodal solutions).
4. Implementation period:
 - the planned time frame or calendar period for implementation.

Structure	Duration	Participants	Objectives
Field-based study visits, guided by local/regional experts, with thematic focus areas linked to sustainable tourism development and cycle tourism.	5 Days (1 Region per day)	Regional tourism officers, municipal planners (local authorities, public administration), tourism operators, mobility experts.	To explore and learn from practical, on-site examples of sustainable tourism and mobility integration along the Adriatic-Ionian Cycle Route.



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7.2. Study visits details provided by partners involved in the activity

Activity /PP	Region	Location(s)	Key Topics	Activities	Duration (min.)	Month/ Year
STUDY VISIT / PP3	Regione Abruzzo	From Ortona to Torino di Sangro	Cycle infrastructure, train/bus/bike intermodality, sustainable mobility, cycle tourism, coastal and hinterland connectivity, stakeholders engagement	The study visit along the “Via Verde” of the Abruzzo Region will allow participants to walk the section of cycle path realized until today, and its connection with internal areas, tourist sites and surrounding nature. There will be a break for lunch at one of the historical Trabocchi to show the conversion of activity for the benefit of tourism and sustainability. It will also cover one of the sections still interrupted, presenting the modalities that the Region and the other entities involved have decided to adopt for the completion of the cycle path in 2026	To be defined	September 2025
STUDY VISIT / PP4	Regione Marche	From San Benedetto del Tronto to Porto Sant’Elpidio	Sustainable and intermodal mobility; cross-border cycle tourism; coastal and hinterland connectivity; integration of cycling with train transport; green infrastructure; cultural and natural heritage valorisation. Target group: regional and local public officials, technical staff and planners involved in the development and improvement of cycling infrastructure and intermodal mobility. The visit aims to provide a hands-	This study visit in the Marche Region explores a segment of the Adriatic coastal cycling route and its integration with intermodal transport. The tour starts in San Benedetto del Tronto with a visit to the Sentina Nature Reserve and the new pedestrian-cycle bridge under construction over the Tronto River, linking to the Abruzzo Region. Participants then cycle north along the coast (approx. 25 km) to Cupra	The total duration is estimated at 6-7 hours, combining cycling (approx. 3-3.5 hours total ride time), train transfer, guided	September 2025



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			on experience of existing cycling and intermodal facilities, allowing participants to assess technical solutions already implemented, identify current gaps, and gather inspiration for replicability or improvements in their own contexts.	Marittima, where a lunch break and a guided visit to the Archaeological Park are planned. Afterward, the group will board a regional train to Pedaso (approx. 10-minute ride), testing bike-train intermodality. The final stretch (approx. 20 km by bike) continues to Porto Sant'Elpidio.	visits, and breaks.	
STUDY VISIT / PP5	Regione Emilia Romagna	From Chioggia (Veneto) to Pesaro (Marche), passing through 14 coastal municipalities in Emilia-Romagna (Ferrara, Ravenna, Rimini)	Cycle infrastructure, intermodality, tourism, cross-border cooperation, stakeholder engagement, awareness	Cycling trip with stakeholders, data collection, awareness events, dissemination (videos, gadgets, media), testing of bike infrastructures and intermodal solutions (train, bus, ferry)	To be defined	September 2025
STUDY VISIT / PP7	Primorje - Gorski Kotar	2 islands (Krak - Rab or Cres - Krak)	Intermodality, cycle tourism, promotion, stakeholder engagement	A two-day study trip / promotional cycling event titled "Across the Islands" - a bike tour across the Kvarner Islands. The tour will partially follow a newly improved cycling route that will be developed within the CYROS project, showcasing the upgraded sections on islands Krak, Rab and Cres . The activity includes a guided cycling tour through cultural and natural landmarks on two of the Kvarner Islands and testing of intermodality, including the integration of bicycle and boat transport, demonstrating seamless travel between islands. The event will gather journalists and stakeholders with the goal of promoting project activities, emphasizing sustainable mobility, intermodality, and the	2 days	March/April 2026





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				growing potential of cycle tourism in the region.		
STUDY VISIT / PP8	Istria Region	Parenzana & Adriatic Ionian route	Cycle infrastructure, tourism, cross-border cooperation, stakeholder engagement, awareness	Cycling trip with stakeholder, partly on Parenzana, partly on Adriatic-Ionian route, dissemination. Start and finish in Poreč. Will be organised within the National Cycling Conference 2025 in Poreč.	1 day	October 2025

