

I-Archeo.S. - Integrated System of the Natural and Cultural Heritage and the Cultural Activities

PRIORITY AXIS 3 “ENVIRONMENT AND CULTURAL HERITAGE”

Specific objective 3.1 “Make natural and cultural heritage a leverage for sustainable and more balanced territorial development”

Title of deliverable (as in SIU): **projects of tourist thematic itineraries - Culture and Art**

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3.3 CREATIVITY VOCATIONAL TRAINING

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TEATRO PUBBLICO PUGLIESE PROJECTS OF TOURIST THEMATIC ITINERARIES

PUGLIA ART EXPERIENCE

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Puglia Art Experience - itinerary

01.03.2019 - Conversano

In the morning arrival in Conversano, welcome by a **storytelling tourist guide** in historical dress that will accompany visitors through the alleys of the city center, telling stories and anecdotes of characters lived in Conversano. Guided tour of the imposing **Castle and the Museum Centre** *. Lunch with typical menu in restaurant. In the afternoon, a relaxing carriage ride among ancient olive trees and rural landscapes. Free time to spend in a typical Masseria where time seems to have stopped in 1700, and where you can take part in the "**Puglia cooking course**" * with preparation of typical dishes such as focaccia, orecchiette and many other little bites of heaven. In the evening transfer to a Masseria in the countryside of Conversano for dinner and overnight.

02.03.2019 - Alberobello/ Conversano

In the morning, after breakfast, transfer to Alberobello, **UNESCO site** *, for a **guided tour of the famous Trulli**, with a stop at the typical St 'Antonio Church Trullo. At 1.00 pm lunch in a restaurant with typical Apulian menu. Free time for shopping in the narrow streets of the village. Continuation of the city tour with the majestic **S.S Medici Basilica** *, for years a destination for pilgrimages from all over the region. Finally visit the **Museum of crafts and oil**. In the evening return to Conversano for dinner at the Masseria. After dinner, enthralling **show of pizzica and taranta** *.

03.03.2019 – Putignano/ Rutigliano

After breakfast departure for Putignano, famous for being the **oldest European carnival**, it will be possible to admire the parade of allegorical floats. Subsequently guided tour to the hangar of the "**giants of Cartapesta**", to the confetti shop and possibility to participate in **papier-mâché workshops** *. At 1.00 pm: Lunch in the Masseria with tasting of typical products, mozzarella, ricotta, cheese and much more. In the afternoon transfer to Rutigliano and guided tour to the **Museum of the Whistle** *. All participants will have the opportunity to work a "piece of clay", thus proving the magical sensation of creating an artifact. Return to Conversano, free time. Dinner and overnight at Masseria Montepaolo

04.03.2019 - Bari/ Mola di Bari

Breakfast and departure for Bari for a **guided tour of the city** with a stop at the famous **Basilica of San Nicola***, **Cathedral ***, **Castello Svevo**, **Corso Vittorio Emanuele** with its Palaces, and historic center with the typical **Via delle Orecchiette ***. Lunch in a typical restaurant in the old city. Afternoon transfer to Mola di Bari for a guided tour of this small town that is part of one of the stops on the **Via Francigena del Sud ***. Stop at the typical fish market, visit the **Angevin Castle *** and the **Matrice Church***.

In the late afternoon you can experience a unique experience at the Theater Van-Westerhout *, where a theater company will give us the opportunity to take part in rehearsals, then attend the show * and finally share dinner with the same actors. Return to Conversano in the late evening for an overnight stay in the Masseria.

05.03. 2019 – Polignano a Mare

Breakfast and departure for Polignano a Mare. **Guided tour of the city** that gave birth to great Domenico Modugno, aka "Mister Volare". Visit of the "**Pino Pascali * Museum** of Contemporary Art" in which visitors will be involved in an **artistic workshop**. Stop for lunch in a restaurant with a menu with typical seafood flavors. In the afternoon, a happy ride in "riscio' or ape calessino" for the lively streets of the city center where you can enjoy the original Caffè 'Speciale and go shopping. At about 17.00, visit to the **workshop * of the famous artist Peppino Campanella**, from which you can admire a splendid view of the Lama Monachile. Return in the evening to Conversano, dinner based on **panzerotti *** and other typical delights. Overnight in Masseria

06/03/ 2019 -

Breakfast in Masseria and departure.

* - It will be possible to develop or combine themed itineraries:

- Pilgrimages;
- Food and wine;
- Contemporary Art, Music and Folk Dances;
- Crafts;

Combine themed itineraries

Puglia Pilgrimages

MAY 21st: Bari

In the morning arrival and accommodation in a hotel in Bari. Lunch in a restaurant based of typical Bari specialties. In the afternoon guided tour in the lanes of the Bari historic center and first visit to the “Basilica del Santo” with celebration of the liturgical Vespers presided over by the Orthodox archpriest. In the evening dinner and overnight at the hotel.

22 MAY: Bari

After breakfast the pilgrims attend the religious celebration in honor of the Saint.

At the end of the celebration lunch in a typical restaurant.

In the afternoon guided tour in the city of Bari. Departure from the seafront, a unique opportunity to admire a series of buildings with a glance in late Liberty style, the very famous Swabian Norman Castle that stands out on the old city of Bari and in the evening guided night tour which, in company of accredited archaeologists, starts from the basement of the Swabian Norman Castle and crosses the whole old city under the ground.

Dinner and overnight at the hotel

23 MAY: Alberobello

Breakfast transfer to Alberobello. The country of the trulli, is little far from Bari, about 55 km. The trulli, a symbol of Puglia, are also widespread in other areas of Puglia, but only the trulli of Alberobello have been included in the World Heritage of Humanity by UNESCO and only here it will seem to have happened in a village of fairies.

Return to Bari for lunch

Puglia flavors and aromas

DAY 1: Conversano

Arrival in the morning, accommodation in the farm. Walk in carriage lasting about 45 minutes between the olive groves and rural landscapes of Conversano. Lunch in the farm. In the afternoon Apulian cooking course with preparation of typical dishes such as focaccia, orecchiette and much other. Dinner and overnight in the farm.

DAY 2: Rutigliano / Acquaviva

Breakfast. Transfer and visit to the Masseria Lama San Giorgio and possibility of carry out the following activities: Bread workshop - The chef shows how to create from the union of flour with water and a pinch of yeast, a fragrant bread.

Fresh Cheese Workshop - Guests enter the traditional atmosphere following and participating in the process of milk transformation.

Fruit Centrifuged Laboratory - Driven by expert hands guests will learn to to create natural drinks tasting the tastes of nature.

Candy Lab - Entertaining creative workshop to produce imaginative lollipop. After lunch in masseria, transfer to Acquaviva and Cooking School with preparation of the typical "Acquaviva red onion calzone". Dinner and return to Conversano for overnight in Masseria

DAY 3: Polignano a Mare

After breakfast, visit the "Terre di San Vito" Agricultural Company to discover the famous Carrot, Slow Food presidium and wine tasting. Lunch based on specialties of sea in a restaurant. In the late afternoon cooking school in the masseria on the preparation of the Panzerotti. Dinner in masseria based on panzerotti and overnight in Masseria.

Puglia art and music

DAY 1: Conversano

In the morning arrival in Conversano, welcome by a storytelling tourist guide in historical dress that will accompany visitors through the alleys of the city center, telling stories and anecdotes of characters lived in Conversano. Guided tour of the imposing Castle and the Museum Centre. Lunch with typical menu in restaurant. In the afternoon, visitors will participate in an internship of pizzica and taranta on the notes and rhythms of the south. In the evening dinner in the farm and overnight.

DAY 2: Polignano a Mare

Breakfast and transfer to Polignano, for a route that includes a guided tour of the most significant places in the city with the help of a guide and an actor. Visit the Museum of Contemporary Art "Pino Pascali". Stop for lunch in a restaurant with a menu with typical seafood flavors.

In the afternoon, a happy ride in "riscio' or ape calessino" through the lively streets of the city center. it will be possible to taste the original Caffè 'Speciale and go shopping. In the afternoon visit to the workshop of the famous artist Peppino Campanella, from which you can admire one splendid panorama on the Lama Monachile. Return in the evening to Conversano, dinner based on panzerotti and other typical delicacies. Overnight in Masseria.

DAY 3: Bari

After breakfast, transfer to the city of Bari. Guided tour of the city with a stop at famous Basilica of St. Nicholas, Cathedral, Swabian Castle, Corso Vittorio Emanuele with his Palaces, and historic center with the typical via delle orecchiette. Lunch with typically Bari flavors. In the afternoon visit to the Nicolaian Museum in which you can find the most characteristic pieces of the history of the Basilica of San Nicola di Bari. In the evening return to the farm for dinner and overnight.

Puglia master craftsman

DAY 1: Conversano / Rutigliano

Arrival in the morning and hotel accommodation. Free time. Typical lunch in the masseria. Transfer in the early afternoon to Rutigliano and guided tour of the whistle museum discovering the forms, symbols and rituals between the contemporary world and the millenarian tradition pottery. Visitors will be actively involved during the visit. The path will continue in a workshop of the potter where it will be possible to observe the process complete with terracotta processing, from raw material to finished product. All the participants will have the opportunity to work a "piece of clay", thus proving the magic feeling of creating an artifact. Return to the hotel for dinner.

DAY 2: Bari

Breakfast and transfer to the city of Bari. Guided tour of the city with a stop at famous Basilica of St. Nicholas, destination of pilgrimages, Castello Svevo, via delle orecchiette. Lunch with typically Bari flavors in the old city. In the afternoon artistic workshop with a medieval goldsmith, jewels in gold and silver designed and made, totally by hand, with the skill used since the Middle Ages in the forging of the metal. Thanks to creativity and manual skill, precious materials blend together creating unique timeless objects. Return to hotel, dinner and overnight.

DAY 3: Putignano / Polignano a Mare

After breakfast departure for Putignano, famous for being the headquarters of the oldest carnival in Europe, it will be possible to visit the "papier-mache giants" hangar, the confetti shop and possibility to participate in papier-mâché laboratories. Lunch in Masseria with tasting of typical products, mozzarella, ricotta, cheese and much more.

Transfer in the early afternoon to Polignano where it will be possible to make a cheerful one ride in risciò 'or ape calessino for the lively streets of the city center with the possibility of taste the original Special Coffee and go shopping. Later visit to the laboratory of the famous artist Peppino Campanella, from which you can admire one splendid panorama on the Lama Monachile. Return to the hotel for dinner.