

I-Archeo.S. - Integrated System of the Natural and Cultural Heritage and the Cultural Activities

PRIORITY AXIS 3 “ENVIRONMENT AND CULTURAL HERITAGE”

Specific objective 3.1 “Make natural and cultural heritage a leverage for sustainable and more balanced territorial development”

Title of deliverable (as in SIU): **projects of tourist thematic itineraries**

-HeART of adventures – the undiscovered paths of Istria

-HeART of gastronomy - Pazin sweet gastro experience

Work package number, name of Work Package :

WP3 THE SYSTEM: NATURAL CULTURAL HERITAGE - ENTERPRISES - DEVELOPMENT

Activity number, name of activity:

3.3 CREATIVITY VOCATIONAL TRAINING

Partner in charge (author): **P3**

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GRAD PAZIN PROJECTS OF TOURIST THEMATIC ITINERARIES



TABLE OF CONTENT

THE UNDISCOVERED PATHS OF ISTRIA.....	3
PAZIN SWEET GASTRO EXPERIENCE	4

The undiscovered paths of Istria

While the gorgeous Istrian coast gains increasing recognition, a completely new, different and undiscovered world lies hidden in mainland Istria, providing a plethora of sights. The central and starting point for its exploration is the county capital Pazin, which has preserved the immediacy of the traditional way of life on the Istrian peninsula.

Beautiful villages, such as Beram or Lindar, will delight anyone passing through their streets, while Pazin Castle and an array of cultural events taking place throughout the town, bear witness to the town's storied history and rich cultural heritage. Not that you will be disappointed with the lovely historic centre of Pazin or the striking and unspoilt nature, complete with green hillsides, the rushing Pazinčica river and its waterfalls Pazinski and Zarečki Krov through which lead hiking and bike trails.

You can discover nature in all its abundance and glory, ranging from wild edible plants to the somewhat formidable beauty of the Pazin cave, as well as the legends of the giant Dragonja that are passed on from one generation to another. The Pazin cave, the pride of the town and a real natural phenomenon, reveals the inner beauty of the region and offers a speleoadventure. You can also fly through the Pazin cave with a zip line which will lead you to contemplate on the famous escape made by Mathias Sandorf, the hero of the eponymous novel by Jules Verne.

Pazin sweet gastro experience

The towns of central Istria are scattered across small hills – but not Pazin. It is situated in a hill-encircled valley in the very heart of Istria, which is why you will often hear stories about Pazin's unique climate and - the mist. If you find yourself in Pazin in winter months you can feel a slight aura of mystique as you walk through its streets shrouded in mist.

Get to know what really makes Pazin so special, the people that live there and its tradition that is perfectly reflected in its cuisine. All the complexity and uniqueness is preserved in the food and the traditional dishes that are prepared. Pazin boasts a rich culinary scene with a number of sweet and savoury dishes that tease the palate. Give in to the experience and slowly embark on preparing and then tasting the food for the best culinary experiences in Pazin, which you are bound to remember for a long time.

One of the main specialities is the Pazin "cukerančić", which has recently been inscribed on the list of intangible cultural heritage of the Republic of Croatia. It is a one-of-a-kind blend of Malvasia, sugar and ammonia that perfectly complements wine or "pašareta", which is another local Istrian product. Learn more about the traditional way to make the "cukerančić", the necessary ingredients and how to shape it, as well as the modern method of preparing this delectable Istrian pastry.

Workshops on how to prepare bread, dough, meat, potatoes under the baking lid (čripnja) and "boškari" meat are ideally suited for everyone who likes getting their hands dirty. It would be a sin to leave without trying the Istrian wines, especially when given the chance to taste the fusion of wine and honey. A true explosion of the most exquisite flavours.