

I-Archeo.S. - Integrated System of the Natural and Cultural Heritage and the Cultural Activities

PRIORITY AXIS 3 “ENVIRONMENT AND CULTURAL HERITAGE”

Specific objective 3.1 “Make natural and cultural heritage a leverage for sustainable and more balanced territorial development”

Title of deliverable (as in SIU): **projects of tourist thematic itineraries - Soul of Abruzzo Art and Culture**

Work package number, name of Work Package :

WP3 THE SYSTEM: NATURAL CULTURAL HERITAGE - ENTERPRISES - DEVELOPMENT

Activity number, name of activity:

3.3 CREATIVITY VOCATIONAL TRAINING

Partner in charge (author): **P1**

Partners involved: **P1**

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ABRUZZO REGION PROJECTS OF TOURIST THEMATIC ITINERARIES

SOUL OF ABRUZZO ART AND CULTURE

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Instuctions

The Pilot Action will be composed by 2 different itineraries focusing on different topic:

- Art and culture
- Nature and sport

During the days the 2 groups will live specific and different experiences, and in the afternoon they will meet together.

In blue the common experiences of both groups.

Art and Culture itinerary

5th April, Friday

Arrival of the participants

- accommodation at Hotel Carlton **** in Pescara in the reserved rooms;
- dinner at the "La Corte" restaurant, a crackling start with the Chef Maurizio innovation in the tradition of Abruzzo. Back to the hotel.

6th February, Saturday

Civitella del Tronto – Campli

- Breakfast at the hotel and departure with our Guide towards **Civitella del Tronto** where an expert in truffle hunting awaits us with a walk of max 1 ½ - 2 hours.
- Light Lunch with various truffle starters.
- Another stop in **Campli**, pre-roman town, in 1557 it was plundered by French people and after 300 years by Bourbon people too. To see the Collegiata of Santa Maria in Platea (1300) and its bell tower made with tuff stone, quadrangular map, and wooden crucifix (1300); the Parliamentary Palace (1500), Doctor's House and the Pharmacy of the Renaissance.
- Late afternoon, sightseeing of **Civitella del Tronto**, which is dominated by one of the most big fortresses in Europe, settled in a wonderful panoramic position. This fortress, committed by King Charles 2nd, is built on a pre-existent structure and has been the last bulwark of the Bourbon resistance against Savoy. The town stretches on a hill lying at the foot of the fortress and has maintained its old town-planning establishment. Music show on the fortress.
- Check In at The Hotel Zunica historical house from 1880 Dinner Gourmet and where you will have a guided tasting of the best wines of the region. Overnight stay.

7th April, Sunday

Hermitage of San Bartolomeo – Casalcontrada – Semivicoli

INFO: scheduled a walk on the Maiella National Park of about 1 hour with a difference in height of 150 meters (comfortable shoes are recommended)

- Breakfast in the hotel. Departure for Val Pescara, following the tracks of the Roman consular road Tiburtina Valeria with the wonderful view of the Maiella and Gran Sasso. Then we will go to Roccamorice and we will visit the Heritage of **San Bartolomeo in Legio**, situated in a great valley in the mountain, in a fascinating wood. This hermitage existed before the year 1000 and was in the 13th century. On the initiative of Fra Pietro Angeleri, then Pope Celestino V, rebuilt, who lived here 1274-1276.

- Following an explosive Light lunch by "Beatrice" that with her temperament will make us a descriptive eskursus of her unique products in Abruzzo innovation in Tradition.
- We continue to visit Casalincontrada, the village is a small village located in Abruzzo, in the province of Chieti, and is part of the National Association of Earth City. As for the houses of land, in the territory of Casalincontrada there are 124 buildings in "Mason", of which 48% is located in urban areas and 52% in rural areas, Antonio will be waiting for further explanations.
- Continue to Semivicoli, check in at Castello di Semivicoli visit of the Cellar from the Castel with tasting of DOC / DODG wines and Aperitif with music show. Dinner at the Restaurant "La Grotta dei Raselli".
- Back to the hotel

8th April, Monday

Costa dei trabocchi

- Breakfast and departure to the Sea, arrival at Hotel Chiave Bianca accommodation in the rooms and then the B2B with the operators from Abruzzo.
- Our Light Lunch today will be in the Vallevò area "Fritteria stasera pago io"
- We will cover the coast line named **Costa dei trabocchi**, the landscape is rocky with small bays and cultivated fields which go down to the sea.
You will find, hanging above the waves, in tall stilt, the system that hauls up the fishing nets called Trabocchi. This type of antique architecture hardly exist nowadays in the Mediterranean. This part of t he coast is under the UNESCO's protection.
- Visit to the Abbey of San Giovanni in Venere from the XIII century, built on a pagan temple foundation, gives its name to the God of Love and faces the part of the sea which the Romans named Venus's Golfo. It is a perfect harmony of occidental and Byzantium art and a significant masterpiece of the period.
- Sunset music show on the Abbey of San Giovanni in Venere with "I Soliti Aquilani".
- For our dinner we have a 5 meter suspended scenario above the sea "Trabocco Punta Cavaluccio or Pesce Palombo" Buon Appetito based on freshly caught fish. Back to the Hotel.

9th April, Tuesday

- Breakfast and departure for the various destinations

Ciao Abruzzo